

*Showing Christ's love by providing free healthcare to those in need*



# SAFE HARBOR FREE CLINIC ANNUAL UPDATE

JANUARY 2025

## 2024 CLINIC STATISTICS

- **Number of Patients** - 507
- **Total Patient Visits** - 1149
- **New Patients** - 249

### **Demographics**

- **57% from Snohomish County**
- **24% from Skagit County**
- **16% from Island County**
- **3% from Whatcom, King and other locations**

### **Volunteer Engagement**

Our Volunteers are a precious resource; we could not fulfill our mission without them!

- **114 Volunteers**
- **3555 Volunteer Hours Donated**

## 2024 FINANCIAL SNAPSHOT

### **Donor Contributions**

Safe Harbor Free Clinic received generous support from various donors

- **Total Donations** - \$274,830
- **Grant Income** - \$111,000
- **Rent Income** - \$36,000
- **Expenses** - \$356,298



## **CRUCIAL SERVICES FOR OUR PATIENTS**

- 3 Same-day clinics per week
- 2 Chronic Care clinics per month
- Women's Clinic
- Cardiology
- Respiratory
- Physical Therapy
- Counseling
- Podiatry
- Foot Care
- Ultrasound

# HIGHLIGHTS OF 2024



2009-2024

15 Years

Over 18,000 Patients served



**"Be a Part of Our Story"  
Women's Spring Event**



Stanwood-Camano Parade "Best in Show"



Sandy S.

Keith



Sandy E.



Stephanie

Karen

Two new staff members added:  
Sandy Erickson and Stephanie Herzog

We are grateful to these foundations and funds for the Grants we received:

- RE/Max Community Chest
- The Everett Clinic Foundation
- Global Credit Union Community Support
- Skagit Comm. Foundation
- Floyd & Delores Jones Endowment Fund
- The Olson's Foundation
- The Tulalip Tribes Charitable Contributions Fund
- Stillaguamish Tribe of Indians
- Norman Archibald Charitable Foundation
- The Butterfield Foundation
- The Lucky Seven Foundation



***We extend our heartfelt gratitude to our donors, volunteers, board members, and community partners for their continued support. Together, we are making a lasting difference in the lives of those we serve.***

***We look forward to another year of service, partnership, and growth in 2025.***

# CHANGING LIVES ONE PATIENT AT A TIME



A long time volunteer says:  
 "I can have the hardest day ever at work, but **when I come to volunteer at the free clinic, my energy returns and I feel recharged!** It is truly my "happy place"! (I also call it my "playtime")."

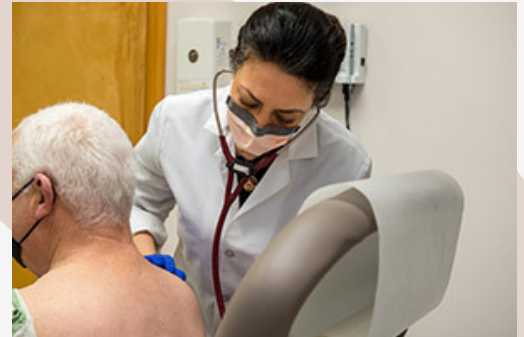


"I am writing to first tell you all **thank you so very much for your care.** I am so very blessed to have been led to your clinic and to receive the **wonderful and directional care you gave me while there.**

I am grateful for the Lord continuing to provide for the clinic for those in need. "

(From a former patient)

## Corporate Sponsors



From a Donor:

"We decided to get involved with a **monthly financial commitment** because we saw a great need! We believe in **helping out our community** in ways that not everyone is aware of. To support Safe Harbor Free Clinic is our way of **helping those that just need a hand.** We have ALL been there. It's wonderful to have a place of respect and love treating those in need in our own community!"



box of good



Stanwood Dental Care



# OUR BOARD AND STAFF

## Board of Directors

### **Mike Dame, CPA**

Board President; Owner, Michael Dame & Associates, Inc., P.S.

### **Dr. Randy Thompson, DDS**

Vice President; Retired dentist

### **Carrie Cabe, RN**

Board Secretary; Retired RN

### **Don Timmerman**

Board Treasurer; Realtor

### **Victoria VanHorn, DPT**

Physical Therapist, Mukilteo School Dist.

### **Brett Reid**

Executive Director, Hope Unlimited

### **Tim Menzies**

Financial Planner, Owner, Menzies Financial

### **Dr. Mark Colombo, MD**

Family Medicine Physician, Optum Health

## Staff

**Executive Director**

Sandy Solis

**Medical Director**

Keith Erickson, PA-C

**Volunteer Coordinator**

Sandy Erickson

**Clinic Manager**

Stephanie Herzog, RN

**Clinic Nurse**

Karen Schmidt, RN